

A photograph of a person with short grey hair, wearing a light-colored long-sleeved shirt, sitting on the ground with their back to the camera. They are leaning against a tree trunk on the left. A black backpack is on the ground next to them. The background is a vast, open field of dry, golden-brown grass under a bright sky. The scene is captured in warm, golden light, suggesting late afternoon or early morning.

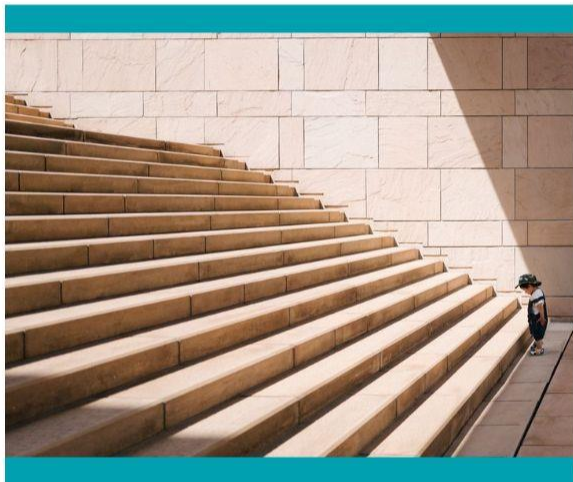
Rich Stories of Achievement through Words and Pictures

What is here2there.me?



- H2t.me is an online person-centred planning and outcomes recording app
- It is for anyone on a targeted programme of support with a jointly agreed plan
- The support organisation and Individual agree goals and linked actions through a strength based process of assessment
- The Individual and their Circle of Support collect evidence of outcomes on a Smartphone in words and pictures
- Goals are reviewed on a regular basis and achievement is recorded

Targeted support - the challenges



Care plans tend to centre on what is important FOR Individuals. This can result in a focus on tasks rather than quality of life outcomes



It is difficult for organisations to demonstrate the impact of their work, particularly when this relates to soft outcomes



Solutions are available but usually just focus on obtaining snap-shot perceptions of progress against 'top down' outcome measures

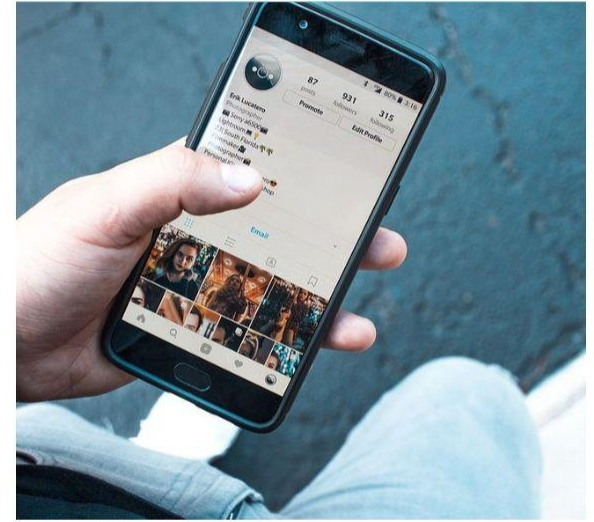
here2there.me is different... it offers



A solution that starts from an Individual's vision for their future, their strengths, motivations and what is important for and TO them

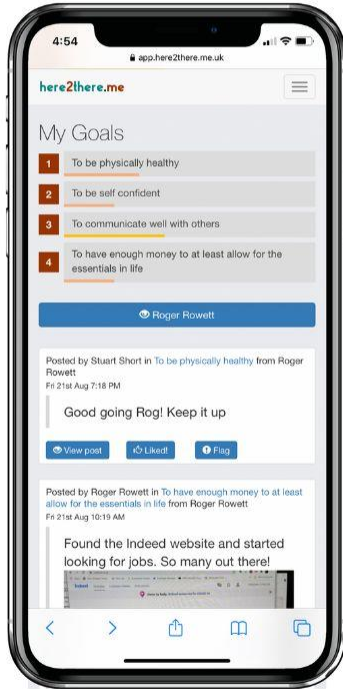


Online tools that allow a Mentor/ Key Worker to agree goals with an Individual that are reviewed in terms of progress on a regular basis



An app that allows the Individual and their Circle of Support to view and record evidence of achievement and progress in real time

The mobile phone App



- The app is one of the most unique features of here2there.me - it works in a similar way to many social media apps
- It enables the Individual to see all their personal information and upload posts of progress and achievement against their goals (desired outcomes)
- Supporters see these goals and related posts, adding comments and pictures of their own
- This all contributes to the Individual's 'story' and evidences the impact of the support provided

Key people...

Individuals

People who are being provided with targeted and planned support

Mentors / Key Workers

Provide ongoing support to Individuals, from the initial assessment / profile, through to goal setting and regular reviews

Supporters

People who know the Individual well and are committed to supporting them to achieve and progress - they form the Circle of Support

Administrators

Manage the system online through a web browser. These can be administrators and/or Mentors

Mentors support the Individual through a process of...



Assessment - creating a profile, exploring the Individual's vision for their future, their strengths, what motivates them, what is important TO them and FOR them

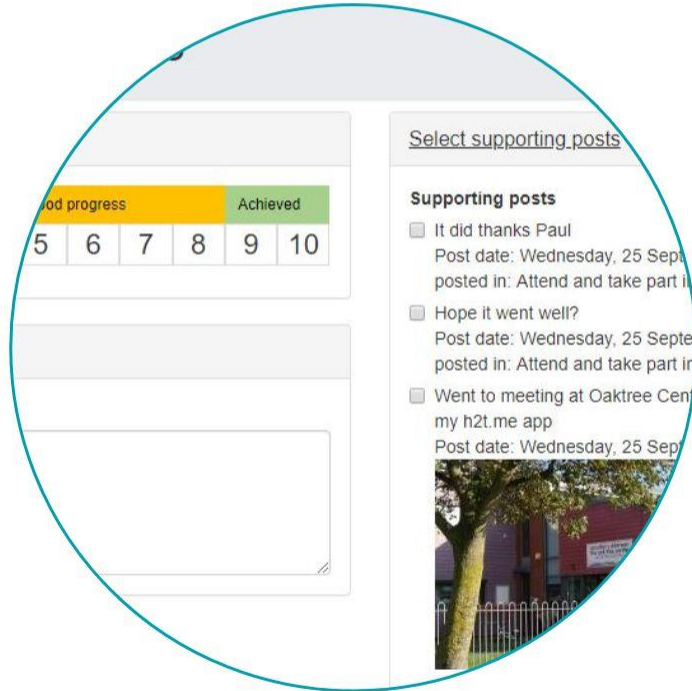


Goal setting - agreeing a set of goals (outcomes) that the Individual will work towards. Specific actions can also be added to these goals with reminders



Reviews - agreeing 'distance travelled' on a 1-10 scale. This includes reviewing the evidence recorded by the individual and/or their circle of support via the App

Reviews



Reviews are an opportunity for the Mentor and Individual to discuss progress

This includes the perception of the Individual and Mentor about distance travelled (on a 1 to 10 scale).

However, uniquely, the system also brings in supporting evidence from the App - real stories of achievement recorded on a day to day basis

The Circle of Support is able to...



- see the Individual's journey in real time
- provide additional evidence of achievements
- encourage the Individual on an ongoing basis
- record outcomes and achievement, with the Mentor, when the Individual is unable to do this themselves

A strength-based and solution focused process



- People respond best when the starting point is an appreciation of their strengths, what motivates them, what they can do
- Reviews are most energising when they focus on achievements and progress
- Goal setting is effective when it centres on positive outcomes, what people want more of, not less of

The system works because...

- The Individual is in control of their own plan based on an agreed set of goals and related actions
- The App is based on familiar technology and works on any device with internet connection
- The Circle of Support involves people committed to promoting the Individual's quality of life
- It is safe - nobody else outside of the Circle of Support are able to see the information
- The Organisation can evidence outcomes and the impact of the support they are providing
- It facilitates joined-up working by professionals
- It's easy to use and fun!

Taith and Idea Farm

- The here2there.me project is a collaboration between Taith and Idea Farm. Bringing together a unique set of skills and experience.
- Roger Rowett (Taith) has extensive experience of Regulation & Inspection and strength-based approaches
- Idea Farm have been delivering innovative digital products to the Education sector for over 10 years.
- Roger has written National guidance in Wales on Appreciative Inquiry (AI) and Person Centred Planning



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Building on what works

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Journey

Taith is Welsh for 'journey', we are based in Wales but work across the UK and Europe. We have a proven track record of assisting organisations to develop their capacity for self evaluation and continuous improvement on their own personal journeys. We have worked with many organisations large and small.

Much of our work is rooted in an Appreciative Inquiry (AI) approach, based on taking forward what works and building on

Working together

At an organisational level we fully engage all staff and encourage the involvement of customers and other key stakeholders. This results in a 'whole system' approach and solutions which are 'owned' by everybody. The final outcomes is culture change and improvement that is sustainable and effective.

Person Centred

At an individual level we use person centred principles to assist organisations to explore what is important to the people they support. This involves taking a much more holistic view of the individual, focusing on their strengths, gifts, interests and wishes.

Our PCP training with one private sector care organisation recently (2013) won a Care Council for Wales National Accolade for outcomes for young people. This work was also featured in a National research study for the Health Foundation in 2015.

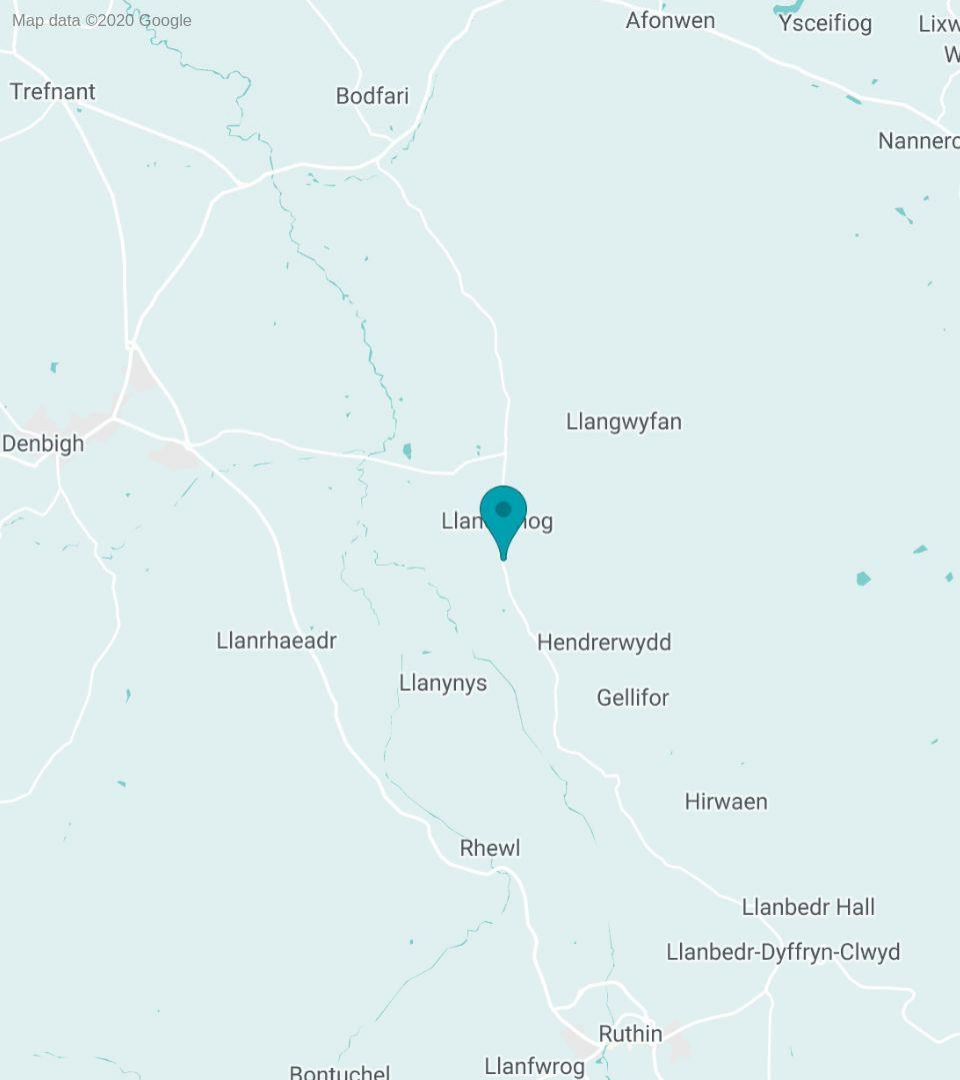
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TAKE A LOOK AT OUR LATEST WORK



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